

# New Hope Lutheran

Newsletter

April 2024

## From the Pastor's Pen....



### The secret of long life.

Many are interested in living long, even forever. Fitness and women's magazines offer answers to this. According to one study, the secret to longevity boils down to one thing, and it's not genetics or money. 80 years of research offers one answer to the eternal question. According to a study conducted by an Ivy League University, the secret to a long life is relationships. People who were the most satisfied with their relationships at age 50 were the healthiest at age 80. The researchers were surprised by the results. According to them, satisfaction with a relationship at the age of 50 told more about health at the age of 80 than cholesterol values. Taking care of your body is important, but taking care of your relationships would seem to be equally important.

There are several elderly, even very elderly and vigorous women and men in our congregation. It would be good to know what they think is the secret to a long life. Sanni Särkkä turns 100 years old in April. Congratulations Sanni! When I asked Sanni the secret of a long life, for her the connection to God through Jesus has been a supporting force in life. The relationship with God, if anything, would seem to be an important source of well-being along with human relationships. In the congregation, we also

make friends who will accompany us through life.

And then what about immortality? What is the secret of eternal life? Is that too much to ask? Everyone who has been in confirmation should know the Bible passage, (John 3:16-17): *For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him.* The message of Easter, the resurrection of Jesus, means that Jesus lives. But not only at God's right hand, but throughout His creation. Also in the hearts of His children. The Holy Spirit Jesus strengthens us and we believe in Him and in eternal life. In Mark 16:15-16, the Risen Christ promises us: *"He said to them, "Go into all the world and preach the gospel to all creation. Whoever believes and is baptized will be saved."*

How to live forever, how to be immortal, is to live your life in Christ. Christ is risen! He is risen indeed!

Pastor  
Johanna



## Council Corner

Here is the news from the March Council Meeting.

1. The new council executive was chosen:  
Chairperson - Jimmy Krats  
Vice-chair - Henry Laamanen  
Council secretary - Jane Ansamaa
2. Please remember to register for the Suomi Conference.
3. New Hope has agreed to be at Finlandia Village's Mayfair on Saturday May 11, 2024.
4. Plans for Mother's Day and Father's Day services were discussed. Stay tuned for more information.

God Bless you and keep you safe.

Debbie Fräntilä

Fill in Secretary, NHLC Council

## Chairman's Report

We have just finished out Lenten season which ended with Easter Sunday and we look forward to spring and summer events.

This year a very special event will be the Suomi Conference. It will be held at Hannah Lake and New Hope is the hosting congregation. The deadline for registering for the conference is May 1<sup>st</sup>. Please register as soon as possible to let the planning committee know how many will attend.

Your church council has also been discussing what to do on special days like Mother's Day and Father's Day. All these events need volunteers. If you would be willing to volunteer please contact me or the church office at (705)673-2933.

The church council consists of only 9 members and we are always looking for people who want to help with activities in the church. You may not think you have any skills you can share with the church, but you will never know if you don't try. Sharing yourself and your skills can only enhance your life.

Enjoy the warmth the spring brings to us all. Share the warmth with everyone you meet!

Jimmy Krats  
Chairperson

### English Bible Study on Zoom continues

The English Bible study which began before Lent, will continue after a break on Thursdays, April 4, starting at 6:30 p.m. If you would like to join us, please send a message to Johanna pjp@nhlc.ca or call 705-688-6284 for a link. We study 1 Corinthians.

## Upcoming events

### English Worship and Sunday School

April 7, 14, 21, 28 11:30pm Regent St

### Finnish Worship

April 7, 14, 21, 28 9:30am Voima

### Kahvi Time

April 3, 10, 17, 24 10 - 1 Regent St

### Kammari

April 2, 9, 16, 23, 30 2:00pm Impola

### Mission Circle

April 17 2:00pm Finlandia

### Council Mtg

April 10 6:30pm Regent St

### LCW

April 10 11:00am Regent St

### Meadowbrook

April 12 10:00am

### Finnish Church Choir

April 4, 11, 18, 25 10:30 Impola

### English Bible Study

April 4, 18, 25 6:30pm Zoom

### Luther Bells

April 1, 8, 15, 22, 29 6:30pm Regent St

## Remembering

Arvo Reino Liinamaa 79 yrs

### Trinity Lutheran Church is collecting for the homeless.

With spring here, they are now collecting ball caps and bottled water, and food items are always welcome. These items can be brought to Trinity Lutheran Church the 2nd Wednesday of every month or every Sunday there is a box in the Narthex at Regent St.

## Readings for March

### April 7, 2024      **2<sup>nd</sup> Sunday of Easter**

First Reading      Acts 4:32 - 35  
 Psalm              Psalm 133  
 Second Reading    1 John 1:1 – 2:2  
 Gospel              John 20:19 – 31

### April 14, 2024      **3<sup>rd</sup> Sunday of Easter**

First Reading      Acts 3:12 – 19  
 Psalm              Psalm 4  
 Second Reading    1 John 3:1 – 7  
 Gospel              Luke 24: 36b – 48

### April 21, 2024      **4<sup>th</sup> Sunday of Easter**

First Reading      Acts 4:5 – 12  
 Psalm              Psalm 23  
 Second Reading    1 John 3:17 – 24  
 Gospel              John 10:11 – 18

### April 28, 2024      **5<sup>th</sup> Sunday of Easter**

First Reading      Acts 8:26 – 40  
 Psalm              Psalm 22  
 Second Reading    1 John 4:7 – 21  
 Gospel              John 15:1 – 8



## Financial Reports

2024	
February	
Envelopes	\$7,409.00
Interest	\$0.82
Memorial	\$475.00
Chaplaincy at	
Finlandia	\$727.50
Other	\$813.30
<b>Total Income</b>	<b>\$9,425.62</b>
Expenses	\$16,390.35
Bank Accounts	
Memorial	\$26,679.73
Current	\$32,879.05
Building Fund	\$1,628.30
Food Bank	\$220.00
Choir	\$700.34
Mission Circle	\$1,069.67
	\$63,177.09
Investments	
ELFEC Current	\$289,600.00
ELFEC Memorial	\$217,218.02
	\$506,818.02

### PAR

PAR (Pre-Authorized Remittance) is a great way to contribute each month, to support your church.

### ***New Hope Lutheran Church***

***189 Regent Street, Sudbury ON P3C 4C4***

**Email: [office@nhlc.ca](mailto:office@nhlc.ca)    Website: [nhlc.ca](http://nhlc.ca)**

**For Facebook, search: New Hope Lutheran Church**

**On the Facebook PAGE, click “like” and “following”.**

New Hope Lutheran Newsletter is created and translated by volunteers each month in both English and Finnish. The Newsletter accepts articles and pictures having to do with our church, its members or items of interest. Please send submissions to [office@nhlc.ca](mailto:office@nhlc.ca) and please keep all articles to under 250 words. We cannot guarantee to use all submissions, but will try our best! Deadline for submissions is the 15th of each month in order to have time to translate. If you have questions, please feel free to contact Paula Reynolds through the church’s office.



### New Hope's Council 2024

Back row: Jimmy Krats, Paula Reynolds, Henry Laamanen, Allan Luolaja, Pastor Johanna

Front row: Aila Mäki, Maria Laamanen, Debbie Fräntilä, Jane Ansamaa

Missing: Anneli McRae

### Ash Wednesday and Palm Sunday



# NEW HOPE LUTHERAN

# April / Huhtikuu 2024

189 Regent St.  
Sudbury, Ontario  
P3C 4C4

**Pastor Johanna Porkola**  
Phone: 705-688-6284  
Email: [pjp@nhlc.ca](mailto:pjp@nhlc.ca)

\* Pastor Porkola's days off  
\* Pastori Porkolan vapaa päivät

**Website:** [nhlc.ca](http://nhlc.ca)  
**e-mail:** [office@nhlc.ca](mailto:office@nhlc.ca)  
**Phone:** 705-673-2933

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 6:30 Luther Bells <b>Regent St</b>	2 2:00 Kammari <b>Impola</b> 6:30 confirmation <b>zoom</b>	3 10 - 1 Kahvi Time	4 10:00 Jumalanpalvelus <b>Hoivakodin kappelissa</b> 10:30 Kirkkokuoro <b>Impola</b> 6:30 Engl Bible Study <b>Zoom</b>	5 *	6 *
7 9:30 Messu <b>Voima Hall</b> 11:30 Worship Service † and Sunday School <b>Regent St.</b>	8 1:00 W&M <b>zoom</b> 6:30 Luther Bells <b>Regent St</b>	9 10:00 Meadowbrook 2:00 Kammari <b>Impola</b>	10 10 - 1 Kahvi Time 11:00 <b>Regent St</b> Council meeting / Neuvoston Kokous <b>Regent St.</b>	11 10:30 Kirkkokuoro <b>Impola</b>	12 *	13 *
14 9:30 Messu † <b>Voima Hall</b> 11:30 Worship Service † and Sunday School <b>Regent St.</b>	15 6:30 Luther Bells <b>Regent St</b>	16 2:00 Kammari <b>Impola</b>	17 10 - 1 Kahvi Time 2:00 Lähetyspiiri <b>Finlandia</b>	18 10:30 Kirkkokuoro <b>Impola</b> 6:30 Engl Bible Study <b>Zoom</b>	19 *	20 *
21 9:30 Messu † <b>Voima Hall</b> 11:30 Worship service † and Sunday School <b>Regent St</b>	22 6:30 Luther Bells <b>Regent St</b>	23 2:00 Kammari <b>Impola</b>	24 10 - 1 Kahvi Time	25 10:30 Kirkkokuoro <b>Impola</b> 6:30 Engl Bible Study <b>Zoom</b>	26 *	27 *
28 9:30 Messu † <b>Voima Hall</b> 11:30 Worship service † and Sunday School <b>Regent St</b>	29 6:30 Luther Bells <b>Regent St</b>	30 2:00 Kammari <b>Impola</b>	OFFICE OPEN / TOIMISTO AUKI <b>Regent St</b> <b>Finlandia</b> Wed 9 - 1 Tues 10 - 12	PASTOR IN OFFICE / TOIMISTOSSA <b>Regent St</b> Wed 10 - 12		



*Look, I am making everything new.*

Suomi Conference  
May 31 - June 2, 2024  
Sudbury, Ontario

Don't forget to register!  
Send your registration forms by May 1, 2024 to  
New Hope  
Lutheran Church  
189 Regent St.  
Sudbury, Ontario  
P3C 4C4  
Or email to  
Email: [office@nhlc.ca](mailto:office@nhlc.ca)

**SUOMI CONFERENCE PROGRAM 2024**

**Friday May 31, 2024**

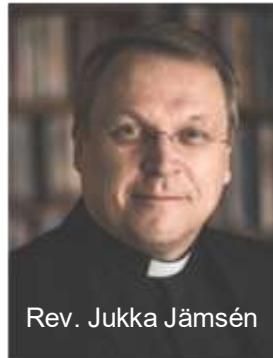
- 3:00 Registration begins
- 3:30 Board meeting
- 5:00 Supper
- 5:30 Choir practise
- 6:00 Evening gathering
- 7:30 Taize-prayer
- 8:00 Sauna
- 8:00 Evening Snack

**Sunday June 2, 2024**

- 8:00 Breakfast
- 9:00 Choir practise
- 10:00 Bilingual Worship and Sunday School
- 12:00 Lunch

**Saturday June 1, 2024**

- 8:00 Breakfast
- 9:00 Morning prayer
- 9:30 Greetings from congregations
- 11:00 Bible studies Finnish and English
- 12:00 Lunch
- 12:30 Choir practise
- 1:00 Listening Prayer by Jukka Jämsén
- 3:00 Annual meeting
- 4:00 Workshops
- 5:00 Supper
- 6:00 Concert
- 7:00 Sauna
- 8:00 Evening Snack



Rev. Jukka Jämsén



Rev. Paul Gehrs  
Asst. to National Bishop

Suomi Conference 2024  
will take place at beautiful  
Hannah Lake Bible Centre  
2469 Southview Drive  
Sudbury, Ontario

# SUOMI CONFERENCE, MAY 31 – JUNE 2, 2024

## NEW HOPE LUTHERAN CHURCH

held at Hannah Lake Bible Centre

2469 Southview Drive, Sudbury, Ontario

### REGISTRATION FORM / ILMOITTAUTUMISKAAVAKE

Please send your completed form to us by **May 1, 2024**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

CHURCH: \_\_\_\_\_

**Advance \$139.00 meal package to be paid by May 1:** No. of persons: \_\_\_\_\_ x \$139 = \$\_\_\_\_\_

**Advance child meal package \$70 to be paid by May 1:** No of children: \_\_\_\_\_ x \$ 70 = \$\_\_\_\_\_

Includes Friday supper and snack, Saturday breakfast, lunch, supper, and snack

Sunday breakfast and lunch.

There is no separate registration fee to attend.

Total: \$\_\_\_\_\_

**If you wish to purchase individual meals, please see back of this page.**

**Etukäteen tilattu \$139.00 ruokapaketti maksettava 1.5. mennessä.**

**Etukäteen tilattu \$70.00 lapsen ruokapaketti maksettava 1.5. mennessä**

Paketti sisältää perjantain illallisen ja iltapala, lauantain aamiaisen, lounaan, illallisen ja iltapala, sunnuntain aamiaisen ja lounaan.

Ei ole erillistä ilmoittautumismaksua.

**Jos haluat ostaa yksittäisiä aterioita, katso tämän sivun takaosa.**

Please note any food allergies. Ilmoita jos on ruoka-allergioita. \_\_\_\_\_

Please send your registration form and cheque to NEW HOPE LUTHERAN CHURCH as soon as possible so that we can finalize details of the conference and determine the number of people attending. Registration forms can also be sent by e-mail and payments can be made by e-transfer to [office@nhlc.ca](mailto:office@nhlc.ca)

Ole hyvä ja lähetä ilmoittautumislomakkeesi ja vahvista asia mahdollisimman pian NEW HOPE LUTHERAN CHURCH:lle, jotta voimme viimeistellä konferenssin yksityiskohdat ja selvittää osallistujamäärän. Ilmoittautumislomakkeet voi lähettää myös sähköpostitse ja maksun voi suorittaa e-transfer:n kautta osoitteeseen [office@nhlc.ca](mailto:office@nhlc.ca)

**Mail to:** New Hope Lutheran Church  
189 Regent St  
Sudbury, ON P3C 4C4

**Telephone:** (705) 673-2933

**E-mail:** [office@nhlc.ca](mailto:office@nhlc.ca)

Would you like to receive the "Combined Choir" music by email?

YES

NO

Haluatko saada "Yhteiskuoron" nuotit sähköpostissa?

KYLLÄ

EI

Suomi Conference Registration continued ...

If you would like to purchase separate meals, please select the meal on the list below.

Jos haluat ostaa erilliset ateriat, valitse ateriat alla olevasta listasta.

**All meals are to be paid in advance by May 1, 2024 to New Hope Lutheran Church.**

**Kakki ateriat on maksettava etukäteen 1.5.2024 mennessä New Hope Lutheran Church:lle.**

**Single meal prices:**

**Friday**

Supper \$20.00 \_\_\_\_\_

Snack \$10.00 \_\_\_\_\_

**Saturday**

Breakfast \$12.00 \_\_\_\_\_

Coffee free will offering

Lunch \$15.00 \_\_\_\_\_

Supper \$35.00 \_\_\_\_\_

Snack \$10.00 \_\_\_\_\_

**Sunday**

Breakfast \$12.00 \_\_\_\_\_

Lunch \$25.00 \_\_\_\_\_

Total \$ \_\_\_\_\_

**Yksittäiset ateriahinnat**

**Perjantai**

Illallinen \$20.00 \_\_\_\_\_

Iltapala \$10.00 \_\_\_\_\_

**Lauantai**

Aamiainen \$12.00 \_\_\_\_\_

Kahvi vapaaehtoinen

Lounas \$15.00 \_\_\_\_\_

Illallinen \$35.00 \_\_\_\_\_

Iltapala \$10.00 \_\_\_\_\_

**Sunnuntai**

Aamiainen \$12.00 \_\_\_\_\_

Lounas \$25.00 \_\_\_\_\_

Yhteensä \$ \_\_\_\_\_

Children's meals are half adult price

Lasten ateriat ovat puolet aikuisten hinnasta